County Recreational & Educational Programming (cont'd.)

Program	Call	Description	Comments
Marks Street Senior Recreation Complex	407-254-1066	Located in Downtown Orlando, this Parks and Recreation Complex promotes recreation and leisure opportunities for all seniors. Opportunities include spinning, chair exercises, line dancing, ballroom dancing, day trips, yoga and much more.	Serves adults ages 55 and over.
Neighborhood Senior Clubs- Main Office	407-836-9333	The Community Action Division offers activities for seniors at seven community centers throughout the Orange County. Activities vary by location, but may include crafts, exercise, workshops, congregate meals and holiday celebrations.	Serves adults ages 55 and over.
Renaissance Senior Center	407-254-9070	Located in East Orange County, this Parks and Recreation Center is geared toward active seniors. There is a state-of-the-art fitness room, various dance groups and numerous activities that are open to the public.	Serves adults ages 55 and over.

Programs within Orange County Constitutional Offices

Limited Income Senior Homestead Exemption	407-836-5044	The Orange County Property Appraiser provides property tax exemptions to qualified homeowners. Programs include Limited Income Seniors, Veterans, Disability, Widow & Widowers exemptions.	See website www.ocpafl.org for eligibility guidelines.
Senior Safety (Triad)	407-254-7375 or 407-254-7000	Help reduce the victimization of seniors by getting involved in Triad, a program of the Orange County Sheriff's Office. Visit www.nocso.com .	Serves adults ages 55 and over.
Senior Academy	407-254-7375	Learn to reduce your chances of being a victim at the Orange County Sheriff's Office's 6-week class. For information on this free academy, visit: www.ocso.com .	Open to interested seniors.

Brochure produced by the Orange County Office on Aging



Phone: 407-254-9277 Email: officeonaging@ocfl.net

3-1-1

or 407-836-3111

County's Government Information and Services Line

407-514-1800 Central Florida's Elder Helpline



Orange County Government's Guide to SENIOR SERVICES



Orange County Commission on Aging

Program	Call	Description	Comments
Elder Ambassadors	407-254-9277	This volunteer outreach effort focuses on increasing awareness of elder services and opportunities in Central Florida. Elder Ambassadors are trained volunteers, available to share community resources for elders information at community outreach events, gatherings, meetings and more.	Call to schedule an Elder Ambassador for your next event. For more information, see program brochure at www.ocfl.net/seniors and
LIFE Information for Elders Seminar Series	407-836-7446	Let us lend you a helping hand towards healthy aging. Each month, different organizations present information and resources on different aging topics at three locations including Downtown Orlando Library, West Oaks Library and the Renaissance Senior Center. Call the RSVP line to register or email officeonaging@ocfl.net	For topics and dates visit, www.ocfl.net/seniors.
Office on Aging Newsletter	407-254-9277	Stay current on local, state & national trends by signing up for the Office on Aging's FREE E-newsletter.	Email Officeonaging@ocfl.net to subscribe.
Senior Sensitivity Training	407-254-9277	Senior sensitivity training can help you improve your communication with older adults and heighten your awareness of positive aging. This 90-minute class is free and fun!	Call to schedule a trainer for your group.

County Services & Assistance

Program	Call	Description	Comments
Consumer Fraud	407-836-2490	The Consumer Fraud Office provides mediation, investigation of consumer complaints and educational outreach. It is assigned to the State Attorney's Office 9th Judicial Circuit.	Incident must have occurred within the past two years.
Disability Assistance	407-836-7588	The ADA (Americans with Disabilities Act) Office provides information on disability services at the local, state and federal levels.	Visit web page for more info www.ocfl.net/ADA.
Disaster Sheltering for Special Needs Population	407-836-9319	Disaster Health Services encourages people who may require assistance during evacuations or sheltering to register with the Special Needs Registry database.	Call for eligibility guidelines or to register.
Family Resource Program	407-836-8466	This program provides case management and financial assistance to families with health-related issues that may result in temporary or permanent disability. Families must be able to show financial stability once assistance is provided.	Must be a legal resident of Orange County, have worked in the last 90 days, and need more than one month of assistance.
Housing Rehabilitation Programs	407-836-5181	Housing and Community Development offers several programs that assist very low-income homeowners to correct code violations and deteriorating conditions. This includes minor home repair and substantial home rehabilitation.	Homeowners must have owned and lived in the home a minimum of one year, and meet very low- income guidelines.
Orange County Funding for Non-Profit Agencies	407-836-7610	The Citizens' Commission for Children provides funding for non-profit agencies. Funded senior services include, but are not limited to, recreation programs, nutritionally balanced meals, and arts and crafts.	Eligibility is determined for each agency. Call for more information.
PCAN (Primary Care Access Network) Health Services	407-836-PCAN (7226)	PCAN provides health care services to the underinsured and uninsured through 12 healthcare clinics. Visit this community partnership at www.pcanorangecounty.com .	Call for eligibility guidelines.
Pollution Prevention (P2) Program	407-836-1400	Get your free site assessment, learn ways to save money and go green.	For information, visit <u>www.ocfl.net/epd</u> .

County Services & Assistance (cont'd.)

Program	Call	Description	Comments
Crisis Assistance Program	407-836-6500	The Crisis Assistance Program provides one- time financial assistance to Orange County citizens who are experiencing a temporary crisis in paying their mortgage, rent or utilities. Families must be able to show financial stability once assistance is provided.	Call for eligibility guidelines.
Utility Bill Assistance	407-836-7429	The Low-Income Home Energy Assistance Program (LIHEAP) is a federally funded program which helps eligible Orange County residents pay their home heating and/or cooling bill when there is a home energy crisis.	Eligibility guidelines include being a legal resident of Orange County with a gross income no more than 150% of federal poverty level.
	407-514-1800	EHEAP is similar to the LIHEAP program, but is reserved for residents aged 60+. This program is managed by the local area agency on aging, which is the Senior Resource Alliance.	
Veterans Services	407-836-8990	Veterans Services assists veterans and their dependents in filing claims to the U.S. Department of Veterans Affairs for compensation, medical treatment and other benefits.	
Weatherization Assistance Program	407-836-9333	The Community Action Division administers the Weatherization Assistance Program that assists very low-income households with minor repairs designed to help reduce the energy burden of the home.	To be eligible, the total household income may not be more than 200% of the national poverty level.
County Recreation	onal & Educa	tional Programming	
Cooperative Extension	407-254-9200	Cooperative Extension is an educational partnership between the University of Florida IFAS and Orange County. Extension teaches healthy actions to age	Open to all Orange County residents. To sign-up E-news, visit http://orange.ifas.ufl. edu.
		well: senior nutrition, healthy meals for one or two, behaviors to reduce chronic illness, Florida Friendly gardening, budgeting, and maintaining a safe and healthy home for aging in place. Enhance your grandparenting skills. Volunteer opportunities exist for working with adults and youth.	euu.